

This is to confirm that the

“Upset Prevention Training (UPRT) v02“

provided by infoWERK Medien & Technik GmbH, setup on the LMS Training Portal is in compliance with:

(EU) 2018/1974 / ED Decision 2019/005/R AMC1 ORO.FC.220&230 Operator conversion training and checking & recurrent training and checking

Training subjects include the following topics:

- Safety review of accidents and incidents relating to aeroplane upsets
- Aerodynamics including
 - Angle of attack (AOA) and stall awareness
 - General aerodynamic characteristics
- G-load awareness and management
- Causes of and contributing factors to upset including
 - Environmental factors
 - Pilot induced factors
 - Mechanical (aeroplane systems) factors
- Energy management
- Flight path management
- Recognition and Monitoring
- Startle and Surprise
- The Mental Upset Concept
- Upset recovery training including
 - Recovery from stall events
 - Recovery from nose high at various bank angles
 - Recovery from nose low at various bank angles

All requirements and updates are documented in infoWERK's internal Quality Management System.

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